

Centerpoint

UNITY CENTER OF WALNUT CREEK

Easter at Heather Farm

Sunday, April 4, 8:15, 9:30 & 11:00 am

The triumph of life over death, of the spiritual over the physical, of hope over despair, is why Easter is such a joyous celebration at Unity. We celebrate the goodness and power of God expressed to us through Jesus' resurrection.

Enjoy the magnificence of our choir, the power of inspired truth, the magical beauty of our musicians and soloists, and the delight of our children's choir as this celebration of life and goodness fills Heather Farm's Lakeside Room.

Bring your family and friends to join our spiritual family as these services of great joy express the fullness of our hearts and the beauty we find within all of life.



Lakeside Room
Heather Farm Community Center
301 N. San Carlos in Walnut Creek

Childcare program provided
at 9:30 & 11:00 am services

For more complete details concerning the information in this newsletter, please see our website, www.unitycenter.net



Upcoming Events

Rita Marie Johnson Returns!

BePeace Foundations Course May 24-28 (Sacramento)

Sunday, May 30 • Guest speaker at all services

Rita Marie Johnson of Costa Rica is a world peace leader and the founder of the Rasur Foundation and the creator of the BePeace process. Her exciting work has been a centerpiece of our learning to accomplish inner peace and bring a greater consciousness of peace to the world. We have studied with her in Costa Rica and held both her BePeace introductory weekend and her in-depth five-day foundations course at our Center. She will be sharing her unfolding path to peace with us at all services on May 30.



She is in California because she is teaching her in-depth BePeace foundations course for Unity of Davis. The course will be held at Christ Unity Church in Sacramento. This is a wonderful opportunity to learn these life transforming techniques that create peace in and around us. These powerful skills:

- Empower our movement from reactions of anger to feelings of peace
- Invite our adversaries into cooperation and understanding
- Create a consciousness of peace within and without.

The opportunity to take this course, which is seldom offered in our part of the world, is a true blessing.

(Note: she will be meeting with those from our Center who have studied BePeace on Sunday afternoon)

Classes Continuing in April and May

Drop-ins Welcome • Free-will Donation

Creating Loving Relationships: Manifesting Your Soulmate • Mondays at 7:00 pm with Kathleen Sims

Isn't love the one area in life for which we all so deeply yearn, yet were never taught *how to have it*? You will have an opportunity to clarify your most cherished values, vision and purpose in relationship. In so doing you actually activate the manifestation process, by radiating energetically to magnetize your perfect match.

HeartMath in Daily Life • Tuesdays at 7:00 pm with Rev. David and Jeanne Fuson

The ability to access our hearts for instant guidance, emotional balance and spiritual connection holds the potential for radical transformation of our daily lives. In making the moment-to-moment choices and the major decisions of our lives, these skills lead us to an efficiency of living that empowers our true purpose.

The Lost Symbol and Scientific Spirituality • 2nd, 3rd & 4th Wednesdays at 7:00 pm with Garrett Riegg • This class explores the intersection of leading-edge science with ancient mysticism and esoteric societies. Using excerpts from Dan Brown's exciting bestseller, *The Lost Symbol*, we will discuss new breakthroughs in noetic sciences and compare them to the once-secret teachings of Free Masonry.

Life Coaching Now! • Wednesdays at 7:00 pm with Veronica Wolfe and Rob Seidenspinner • Here's your opportunity to explore life coaching with two certified coaches! As you experientially explore coaching techniques, you will inevitably connect more deeply with yourself and with your classmates. A live coaching session will be offered each week.

The Spiritual Alchemy of Grief • Thursdays at 7:00 pm with Beth Bottorff-Seidenspinner • This class addresses the issue of loss as opportunity for growth. Understanding grief and its impact on mind, body, and spirit, can help us to cultivate balance through even challenging times. In this class we will explore grief through the framework of spiritual alchemy.

Sunday services held at Heather Farm Community Center, 301 N. San Carlos, Walnut Creek

Office location and classes at 1800 Oak Park Blvd., Pleasant Hill



April-May Calendar of Events

Ongoing Events

Mondays

Communication Coaching Group..... 10:30 am
 Chakra Clearing Meditation..... CANCELLED
 HeartMath Study Groups (closed groups) 7:00 pm
Creating Loving Relationships with Kathleen Sims* 7:00 pm

Tuesdays

Book Club (2nd & 4th Tuesdays) 10:00 am
 Course in Miracles with Linda Goldey 10:30 am
 Meditative Yoga with Sandy Stober 5:30 pm
 HeartMath Study Group (closed group) 7:00 pm
HeartMath in Daily Life with Rev. David & Jeanne Fuson* ... 7:00 pm

Wednesdays

The Lost Symbol with Garrett Riegg* (2nd, 3rd & 4th Wed. of the month).....7:00 pm
Life Coaching Now! with Veronica W. and Rob S.*....7:00 pm
 Healing Night (1st Wed. of the month)..... 7:00 pm

Thursdays

Qigong Class with Alison Tucker 10:30 am
 HeartMath Study Group (closed group) 1:30 pm
 Gentle Meditative Yoga with DiAnna Moffit 5:00 pm
Alchemy of Grief with Beth Bottorff-Seidenspinner*..... 7:00 pm
4T Path to Prosperity with Mike McGarvey (closed class) ... 7:00 pm
 Choir Rehearsal** 7:30 pm

Fridays

Office closed

Saturdays

Toni Roberts (2nd Saturday of the month) 10:00 am
 Facilitated HeartMath Group with Ciel Gierke 10:00 am

Sundays

8:15 (Meditative) Sunday Service in Heather Farm Club Room
 9:30 & 11:00 am Sunday Service in Heather Farm Lakeside Room
 1:00 pm Poetry Group (1st Sun/mo meet on deck at Heather Farm)

April

Sunday 4th

Easter Services at Heather Farm.....8:15, 9:30 & 11:00 am

Saturday 10th

Construction Tour..... 12:00 pm

Saturday 17th

Family Picnic and Kid's Camp (Lafayette Reservoir) ... 12:00 pm

May

Wednesday 19th

Membership Orientation Class..... 7:00 pm

Saturday 22nd

Membership Orientation Class..... 10:00 am

Sunday 30th

Rita Marie Johnson, guest speakerall services

* Spring Class Session ends May 6

**If you're interested in joining the choir, email Choir Director Rick Stober at rick@unitycenter.net or call the office for Rick's phone number.

Membership Orientation Class

Wed, May 19, 7:00 pm OR Sat, May 22, 10:00 am

If you are interested in taking the step of joining our Unity Community as a member, or if you are just interested in learning more of what Unity is about, join Rev. David to explore:

- Unity's history and teaching
- What makes Unity different
- How Unity looks at other religions
- Unity's response to current issues
- How Unity Center of Walnut Creek works

You will get to know Rev. David and others who are interested in membership. The Unity Membership Class is a prerequisite to becoming a Unity member—and it's fun!

Family and Youth Ed Events... from Lani & Jeremy

With Spring bursting forth, we are excited to invite you to our Family Picnic and Kid's Camp at the Lafayette Reservoir on Saturday, April 17 at noon. After sharing scrumptious food and fellowship, the children are invited to stay and participate in a fun and activity-filled day camp that the Y.O.U.'ers will be hosting.

Also make sure to see the Children's Choir performance at our Easter Celebration at Heather Farm! We look forward to seeing you! For more information or any questions, please contact Lani and Jeremy at 925-705-2924.

Unity Center

OF WALNUT CREEK

1800 Oak Park Blvd., Suite A, Pleasant Hill, CA 94523

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U.S. Postage
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Walnut Creek, CA 94597
Permit No. 424

April-May 2010 Centerpoint

Construction Update

Yes, construction at our spiritual home on Geary Road is underway. The contractor is preparing the Sanctuary for all the interior changes and moving the end of the Education building out 10 feet. There is a lot of demolition in preparation for the new construction.

If you would like to see what is happening, we are scheduling a walk-through at noon on Saturday, April 10. Join us. We will be watching transformation in action!



Expanding our Education Building



Sanctuary



New Entry

Reverend David McArthur, Senior Minister • Reverend Don Eggleston, Assistant Minister

How to Reach Us:

Office (925) 937-2191 and office@unitycenter.net

Dial-A-Thought (925) 937-0777

24 Hour Prayer Chain (925) 937-2191

Silent Unity / Unity Village, MO (800) 669-7729

(24 Hour Prayer) (816) 969-2000

Business Hours: Monday - Thursday 10:00 am - 5:00 pm; closed Friday

Daily Meditation: Monday - Thursday 12:00 pm - 12:15 pm

Retail Book Sales: Sunday 9:00 am - 12:30 pm

Sunday Morning Service*: 8:15 am, 9:30 am & 11:00 am

Sunday Morning Youth Education: Infants-13yrs: 9:30 and 11:00
Uniteens (Middle School): 9:30 & 11:00; Y.O.U. (High School): 11:00 only

* *at Heather Farm Park Lakeside Room, 301 N. San Carlos, Walnut Creek*