

# Centerpoint

UNITY CENTER OF WALNUT CREEK

## O Holy Night

The birth of the Christ child was the beginning of a spiritual awakening continuing to this day.



The love and care of Jesus' birth inspires a rebirth of our own spiritual connection. As we express our love for family and friends, as we select gifts for loved ones, we are each affirming the value of love in our lives. God is love. The more we allow ourselves to feel and express

our love, the deeper our spiritual rebirth becomes.

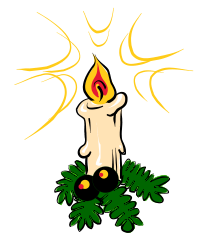
The Christmas carols, the manger scene and our beautiful Christmas services each call us to

remember what is really important. They call us to recommit to living the love we really are. Let your heart enjoy the birth of your love into a whole new level of living this Christmas.

—Rev. David McArthur



## Christmas Eve Candle Lighting Services



Friday, December 24

### 5:30 pm Family Service

Our Unity children have created a very special service for you this Christmas. Parents and children will greet you as you enter and joyous Christmas carols will begin our time together. The children have a special play to remind us of the deeper meaning of the Christmas story. If you would like your heart to be truly open this Christmas, watch as the young ones light their candles and hold them high acknowledging that the Christ light shines in them. Your heart will know that sacred light shines in you as well.

### 8:00 pm Christmas Eve Service

Sacred music both joyous and profound will embrace you as we celebrate this holy night together. The music will call angels to join us and you will feel the touch of their peace on your heart. We will feel the thrill again as we hear the ancient story that is about a birth that is taking place in our hearts this Christmas. Our candle lighting is about one of the most profound and beautiful of all spiritual revelations—the awareness of Divine Love living in your heart.

*For more complete details concerning the information in this newsletter, please see our website, [www.unitycenter.net](http://www.unitycenter.net)*



# Holiday Events



## Unity Christmas Party CANCELLED

We have cancelled our Unity Christmas Party scheduled for December 11. With all the wonderful events of our fall, our homecoming, and our 2020 Vision program, we weren't able to assemble all the elements we needed to create the quality event we are committed to at Unity.

Tickets may be refunded during office hours or in the bookstore on Sunday. If you would prefer to make a donation of your ticket, please email [office@unitycenter.net](mailto:office@unitycenter.net) so we can complete that for you.

All of our other Christmas events are taking place as planned.

## Remembrance Service

**Tuesday, Dec. 14, 7:30 pm**

### Love Offering

As joy-filled as the Christmas season is for us in many ways, it is often a time when we feel most strongly the loss of those dear to our hearts who were special to our lives and to Christmases in the past. Our Remembrance Service is a time to honor those who are no longer able to share in our Christmas on this earthly plane. You are invited to bring your memories of someone dear to you—bring a picture, a favorite story—light a candle and honor the place that wonderful person holds in your heart. Rev. David and Beth Bottorff-Seidenspinner will lead us in a simple service of sharing. Both tears and laughter are welcome.

## Gifts for the Homeless

**Sunday, December 19**

Our Homeless Team is collecting socks, beanies and gloves to keep the homeless warm this winter. You're also invited to donate McDonald's \$5 gift certificates. Bring your donations to the service on December 19.

## Christmas Caroling at The Kensington

**Monday, December 20, 6:30 - 8:00 pm**

**Meet at the Unity parking lot**

Friends and family are invited to share the spirit of the season through song with our neighbors at The Kensington Senior Living.

## Grief Basics with Beth Bottorff-Seidenspinner

**Saturday, Dec. 11, 10:00 am - 12:00 pm**

### Love Offering

This class will offer a brief introduction to the grieving process. We'll explore the nature of grief, the pathway through the grieving process and reflect on how we can use grief as a doorway to deepen our relationship with Spirit.

It will also be an opportunity to cultivate awareness for the Service of Remembrance on Tuesday, December 14, 7:30 pm, hosted with Reverend David. The service is a special way to honor and include everyone we love in the holiday season.

## Christmas Choir Special Service

**Sunday, December 19, 9:30 & 11:30 am**

Our musical Christmas unfolds with our wonderful Joyful Noise Choir bringing the Christmas message alive for us through music. Experience the beauty of Christmas in celebrating this experience of Divine Light entering the consciousness of humankind. Capturing this universal truth through our Christmas story, Hanukkah and Hindu celebrations we touch the Christ Light being born in us and around the world. Don't miss this very special experience.

## New Year's Eve Burning Bowl Service

**Friday, December 31, 7:00 pm**

It's time to let go! Let go of all those concerns from your past year. Burn them up. Release them. Attend our New Year's Eve Burning Bowl service and enter the new year without the baggage of the old one. Then create what you want for the New Year. Intend the new, write it down and we will hold it until it is sent to you well into your year to remind you of the new creation you will be bringing forth.

**Unity Net Operational Income YTD = -\$10,610**





# December Calendar of Events

## Ongoing Events

### Mondays

Communication Coaching Group..... 10:30 am  
 Nia with Kathy Bate..... 10:30 am  
 HeartMath Study Groups (closed groups) ..... 7:00 pm

### Tuesdays

Course in Miracles with Linda Goldey..... 10:30 am  
 Meditative Yoga with Sandy Stober..... 5:30 pm  
 HeartMath Study Group (closed group)..... 7:00 pm  
 Insight Meditation with Ernie Isaacs ..... 7:30 pm

### Wednesdays

Nia with Kathy Bate..... 5:30 pm  
 Nic-Anon ..... 6:30 pm  
 Healing Night (1<sup>st</sup> Wed. of the month)..... 7:00 pm

### Thursdays

Sheng Zhen Qigong Class with Alison Tucker ..... 10:30 am  
 HeartMath Study Group (closed group)..... 1:30 pm  
 Choir rehearsals (email Rick Stober at rstober3@yahoo.com)..... 7:30 pm

### Fridays

Office closed

### Saturdays

Toni Roberts (2<sup>nd</sup> Saturday of the month)..... 10:00 am  
 Facilitated HeartMath Group with Ciel Gierke ..... 10:00 am

### Sundays

Sunday Services ..... 8:00 (Meditative), 9:30 and 11:30 am  
 Poetry Group (First Sunday of the month) ..... 1:00 pm

## December

### Saturday 11<sup>th</sup>

Grief Basics with Beth Bottorff-Seidenspinner ..... 10:00 am

### Sunday 12<sup>th</sup>

Unity Art/Craft Fair..... 1:00 pm

### Tuesday 14<sup>th</sup>

Remembrance Service ..... 7:30 pm

### Wednesday 15<sup>th</sup>

Board Meeting..... 7:00 pm

### Sunday 19<sup>th</sup>

Christmas Choir Special Service..... 9:30 & 11:30 am

### Monday 20<sup>th</sup>

Christmas Caroling (The Kensington; meet at Unity) .. 6:30 pm

### Friday 24<sup>th</sup>

Christmas Eve Family Service..... 5:30 pm  
 Christmas Eve Candle Lighting Service..... 8:00 pm

### Sunday 26<sup>th</sup>

Sheila Gautreaux-Lee, guest speaker .....all services

### Friday 31<sup>st</sup>

Burning Bowl Service..... 7:00 pm

### Sheila Gautreaux-Lee, Guest speaker on Sunday, December 26 – all services

We welcome back one of our favorite speakers, Unity Licensed Teacher, Sheila Gautreaux-Lee. Sheila has touched our lives deeply with her powerful truth and open heart. A dynamic and inspiring speaker, her message completes our Christmas journey. Having Sheila is a special Christmas gift for our spiritual community.

## Save these January Dates!

### A Weekend with Karen Drucker

#### January 8 & 9

You won't want to miss this wonderful opportunity to hear renowned recording artist Karen Drucker perform. We are very lucky to be able to have her join us at the church, as she often tours with people like Joan Borysenko and Alan Cohen. There will be a concert on Saturday, January 8 at 7:00 pm, she will be giving the message on Sunday morning, January 9, and doing a workshop on Sunday afternoon. You'll love her inspirational music, wit and wisdom.

### The Living Matrix

#### Friday, January 7, 7pm at Popcorn with Purpose

Movie night at Unity returns with this film on the new science of healing which has generated so much interest in our community. HeartMath scientists join others to explore how science is opening new understandings that support some of the healing experiences we call 'miracles.' The science you hear will be a true 'wow' as we learn more about the energy of life itself.

# Unity Center

OF WALNUT CREEK

1871 Geary Road, Walnut Creek, CA 94597

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Walnut Creek, CA 94597  
Permit No. 424

## December 2010 Centerpoint

### Unity Art/Craft Fair

Sunday, December 12, 1:00 - 4:00 pm

*Beautiful Hand Crafted Items for Sale*

Do your holiday shopping in one place...Come see what our fabulous Unity artists can create.... beautiful paintings, photography, pillows, textiles, children's toys, fleece hats and scarves, jewelry, dessert plates, greeting cards, cookies, food and more art. 20% of all proceeds will go to Unity.

Come join in with the elves, music, and lots of love.

There will be a soup bar - \$5 for all that you can eat.

*Also...A Holiday Gift-Making Party for the Children*

It's our version of Santa's Workshop! This is a chance for children to make that special gift for a parent. Afterwards our joyful Y.O.U. elves will beautifully gift-wrap their creations.

ART ETC.



*We are blessed to have a lovely bookstore and lending library here at Unity to gather, browse, shop and socialize. We have wonderful gifts and stocking stuffers for both large and small beautiful children of God. Come see and help keep our dream alive through loving support. We accept MasterCard, Visa, and checks for both purchased items as well as Love in Action and love offerings. Gift bags with colored tissue upon request.*

**Reverend David McArthur, Senior Minister • Reverend Don Eggleston, Assistant Minister**

#### How to Reach Us:

Office (925) 937-2191 and office@unitycenter.net

Prayer Requests (925) 937-2191

Silent Unity / Unity Village, MO (800) 669-7729

(24 Hour Prayer) (816) 969-2000

**Business Hours:** Monday - Thursday 10:00 am - 5:00 pm; closed Friday

**Daily Meditation:** Monday - Thursday 12:00 pm - 12:15 pm

**Retail Book Sales:** Sunday 9:00 am - 12:30 pm

**Sunday Morning Service:** 8:00 am, 9:30 am & 11:30 am

**Sunday Morning Youth Education:** Infants-13yrs: 9:30 and 11:30

Uniteens (Middle School): 9:30 & 11:30; Y.O.U. (High School): 11:30 only