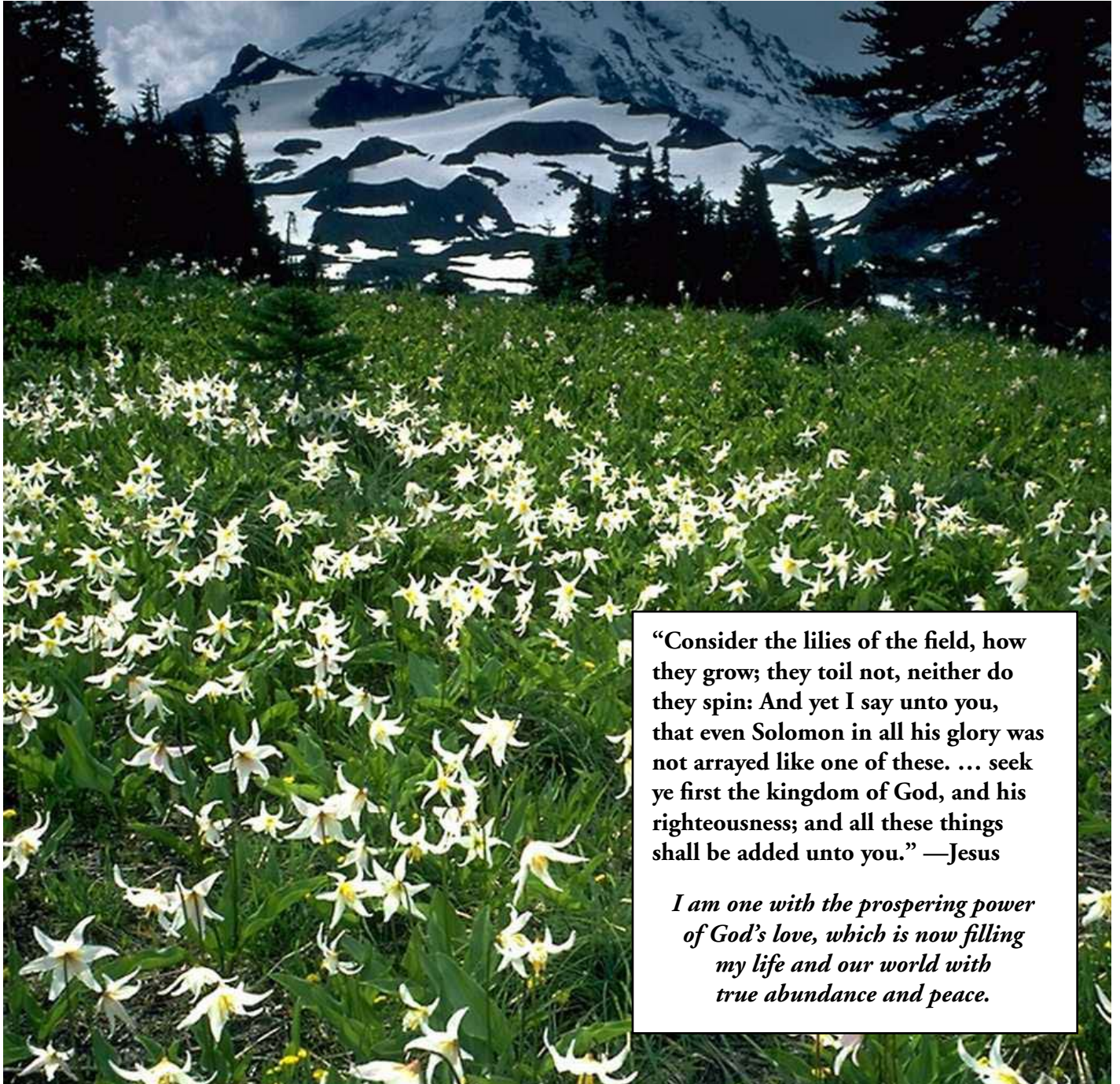


JANUARY 2009

Centerpoint

UNITY CENTER OF WALNUT CREEK



“Consider the lilies of the field, how they grow; they toil not, neither do they spin: And yet I say unto you, that even Solomon in all his glory was not arrayed like one of these. ... seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.” —Jesus

I am one with the prospering power of God's love, which is now filling my life and our world with true abundance and peace.

For more complete details concerning the information in this newsletter, please see our website, www.unitycenter.net

1871 Geary Road, Walnut Creek, CA 94597 • (925) 937-2191 • Fax (925) 937-3916 • www.unitycenter.net



Upcoming Events

Astrological Forecast with Georgia Stathis

Friday, January 23 at 7:30 pm • \$15 advance; \$20 day of event

Georgia Stathis returns with her annual astrological forecast, which is always fun and informative. 2009 presents many challenges as well as numerous opportunities, which people are not yet realizing because of the recent economic downturn.

A major cycle is taking place that last took place in the mid-1960's!! The election of an unusual leader, as of this evening, President Barack Obama, and the many changes that will come as the result of his as well as the current cycles promises out of the box solutions for a very in-the-box world!

As 2009 begins, Jupiter enters Aquarius, the sign of innovation, progressive thinking, and community spirit. Aquarius is a very important part of the U.S. chart, in that its Moon, the sign of the people, is in Aquarius. President Obama, has Aquarius rising and fits in perfectly with the model that is needed as move forward into the future.

2009 is the year of entrepreneurs, independent contractors, and builders who build for the future rather than today. Come to hear Georgia speak and make sure you buy your tickets early as this annual event often sells out.

Georgia Stathis has been a professional astrologer for thirty years. Her background is well-rounded, as she is also an investor and is a California Realtor Associate since 1979. Her M.B.A. is from Pepperdine University and her B.S. is from Northwestern University in Chicago, Illinois.



An Afternoon with Patricia Grabow **Sunday, February 8 • 2:00 - 4:30 pm**

Several months ago Rev. David discovered his friend Patricia Grabow was in the area so he invited her to stop in (even though only a few people were able to learn about her coming) and share about her latest book, which has just been released. Because those who heard her were very inspired by the spiritual knowledge she was sharing, we have invited her to return and help us explore these powerful spiritual concepts.

The Immortal Now: Ascension and the Nature of the Present Time, by Patricia Grabow, assisted by Christine Kauffman and Charlotte McArthur, is an amazing "one power" understanding of our true spiritual reality. Rev. David's mother, Charlotte, assisted Patricia in bringing her books into reality. Patricia's return to life after dying in England is a part of the dramatic understanding underlying this powerful exploration. Patricia will be offering to support a group of our people in their studies of the book. Those who participate in this study project will have the opportunity to create a workbook to be published as a companion to the book.

BePeace Conference

Bringing BePeace to California • March 6-7

Unity Center is introducing the Bay Area to Costa Rica's transformative BePeace practice. Rita Marie Johnson, the founder of the Costa Rica Peace Academy, is coming to introduce Northern California to her methodology that brings peace into our interactions, our communications and our hearts. Rita Marie will follow our program by returning to Costa Rica to train cabinet-level departments of peace from around the world in this powerful, peace-creating technology.

24 people from our Center will have just returned from our second BePeace tour of Costa Rica where we will have been working directly with Rita Marie and her staff. You will get to hear the impact of BePeace in Costa Rica and the world on Friday evening and experience it yourself on Saturday. As more of our own community becomes skilled in creating peace, we want to share our discoveries with other groups, families and individuals committed to manifesting peace in our world. In this time of global transformation, please volunteer and help us create a true consciousness of peace in our communities.



New Classes

Unity Center of Spiritual Learning Classes January 19 - March 12

Drop-ins Welcome • All classes on Free-Will Donation Basis (suggested donation \$10)

Manifest Your Soulmate

Mondays at 7:00 pm with Kathleen Sims

Isn't love the one area in life in which we all so deeply yearn fulfillment, yet were never taught *how to have it*? Our entire life we saw a lot of ineffective role models, and illusory pictures and mixed messages all around us. In this class it will become crystal clear what happened to land you right where you are – single again and wondering how to find the kind of love you yearn for and know exists somewhere. You will have an opportunity to clarify your most cherished values, vision and purpose in relationship. In so doing you actually activate the manifestation process, by radiating energetically to magnetize your perfect match. This class will offer thought-provoking discussion, exercises, and visualizations.



Kathleen E. Sims, C.H.T., C.R.C., is Co-Director of Center for Conscious Living in Pleasant Hill, and the founder of The Center for Conscious Relationship, providing soul-based counseling and coaching, spiritual/cellular healing, transpersonal hypnotherapy, and soul mastery workshops. In addition, Kathleen is the President of Certain Solutions, a visionary management consulting firm. All her work promotes the art and science of conscious loving and living through manifesting one's purpose, vision and heart's desires.

The Spiritual Alchemy of Grief

Mondays at 7:00 pm with Beth Bottorff

Drawing from the works of Elizabeth Kubler-Ross, Carl Jung, and others, this workshop addresses the issue of loss as opportunity for growth. Grief is an inevitable part of life that can come from many experiences—the death of a loved one, the loss of a job, or a changing relationship, to name a few. Understanding grief and its impact on mind, body, and spirit, can help us to cultivate balance through even challenging times. In this class we will explore grief through the framework of spiritual alchemy. Like the medieval alchemists who sought to change lead into gold, we will open to the richness of our own unfolding journey, cultivate compassion, clarity and an awareness of grief's inherent gifts.



Beth A. Bottorff, MA received her training in Transpersonal Psychology and Marriage and Family Counseling through the Graduate School for Holistic Studies at JFK University where she also served on staff. Her relationship with the grieving process began over twenty years ago when her father was diagnosed with terminal cancer. She currently serves as an Educational Liaison for children in the Foster Care system. For the past ten years she has been conducting trainings throughout the Bay Area on human development, personal growth and grief and loss.

Universal Laws of Abundance

Tuesdays at 7:00 pm with Reverend David

We have asked Rev. David to share with us his expertise in the Universal Laws applied to creating prosperity. In our times of economic chaos, we have an opportunity to use the spiritual power of the Universal laws to transform our prosperity consciousness and create abundance in our lives. This course is in-depth, powerful, practical and miraculous. Create abundance from a spiritual knowledge seldom shared with the world. It combines head and heart, mystical and practical, ancient and modern; and will change your life forever.





New Classes

Conscious Eating for Spiritual Health

Wednesdays at 7:00 pm with Angie Lambert and Sheri Miller

When it comes to eating, most of us experience a gap between our ideal aspirations and our actual practices. The demands of life and poor eating habits can take us further away from our spiritual nature. Conscious eating is an essential component to our spiritual practice and helps us move toward greater fulfillment on our life path.

In this 8-week class, you will learn about how food creates harmony or disharmony not only in the physical body but in the emotional and spiritual bodies as well. You will learn tools to help bridge that gap and raise awareness about conscious eating, which not only feeds and fuels our bodies but helps our spirits soar.

Both Angie and Sheri have reversed serious, chronic health conditions through conscious eating and natural, holistic approaches. They teach from the heart what they know and what they've experienced first-hand about the healing power of food and the healing power of the spirit.

Angie Lambert is a certified Tai Chi instructor at the Big C Athletic Club and Malaya Center and a Sports Coach at Parkmead Elementary School. As a Health Educator, she works with individuals and groups teaching nutrition, meditation and how to work with one's own energy system.

Sheri Miller is a Holistic Health Educator who teaches groups and individuals about conscious eating and natural ways to achieve vibrant health and wellness. She taught Special Education for 25 years and currently facilitates a "Sisters in Spirit" women's group.



Unity Principles and Where They Come From

Thursdays at 7:00 pm with Mike McGarvey and Ron Salazar

Please join Mike and Ron as they take a spiritual journey back in time to the beginnings of the Unity movement. They will begin by meeting the pioneers of the New Thought Movement and meet the teachers of Charles and Myrtle Fillmore. They will then follow the evolution of the Unity movement from its birth in the minds and hearts of the Fillmores and other Unity leaders such as Eric Butterworth and James Dillet Freeman. Through film, lecture, questions and answers, and discussion we learn why and how the beliefs of the Unity Movement were formed and what part we have in awakening to the One Source in the Universe.

Mike McGarvey has been at UCWC since 1991. He's served in every area except choir and minister. He has shoveled out storm drains in the rain, served on the Board (treasurer and President), run the nursery, and served at least a dozen years in Youth Ed. Mike has taken 25 classes at Unity Village and is our Sunday Coordinator.

Ron Salazar has been a truth student for almost 20 years. He began following the New Thought Path in 1988 through the 12-Step Spiritual Path. The 12-Step Path's foremost tenant is that God lives within each of us, and by keeping a conscious contact with God we will connect to the Spiritual Power that resides in all of us. He became a Unity Path follower in 1998 and found by 2000 he was being called to be a Unity Minister. In his 9 years as a Unity member he has completed over 200 of the 250 credits of the SEE Spiritual Growth Program at the Unity School of Christianity. He became an auxiliary Unity Board Member in July of 2007 and was elected to the Board last year.





S.E.E. Super Saturdays

Unity's Spiritual Education and Enrichment Credit Classes in the East Bay Five Saturdays—from January 10 to February 7

- Jan 10 classes will be held at Unity of Walnut Creek, 1871 Geary Rd, Walnut Creek
- Jan 17 classes will be held at Unity of San Leandro, 1420 Santa Maria St., San Leandro
- Jan 24 classes will be held at Tri-Valley Unity in Dublin, 7567 Amador Valley Blvd, Suite 120
- Jan 31 classes will be held at Unity of Castro Valley, 20121 Santa Maria Ave., Castro Valley
- Feb 7 classes will be held at Unity of Walnut Creek, 1871 Geary Rd, Walnut Creek

MS-815 Myrtle and Charles on Healing and Wholeness – Part 1 • Taught by Rev. Donna Caldwell, Sr. Minister of Unity of Castro Valley and Rev. Diana McDaniel, Sr. Minister of Unity of San Leandro • 8:00am to 9:45am

This course is based on the spiritual laws and universal principles that support the expression of health and wholeness in our bodies and affairs as Jesus presented them. We will be working with Myrtle and Charles Fillmore's interpretation of how Jesus used and demonstrated those in his own life. Such laws and principles will be presented to support participants in developing a practical understanding of the Fillmore's theology as heart-centered metaphysicians. It is our expectation that through the development of such practical understanding, participants will be inspired to also become heart-centered metaphysicians. **Required Texts:** *How To Let God Help You* by Myrtle Fillmore; *Myrtle Fillmore's Healing Letters* compiled by Frances W. Foulks; *Jesus Christ Heals* by Charles Fillmore; *Christian Healing* by Charles Fillmore



IS-800 Development of the Unity Movement • Taught by Rev. Steve Maynard, Sr. Minister of Tri-Valley Unity • 10:00am to 11:45am

Examine the development of the Unity movement as an institution and an idea. Review the spiritual evolution of Charles and Myrtle Fillmore and their unique contributions and consciousness; the influence of Emma Curtis Hopkins and H. Emilie Cady; the development of focus and identity in the teachings; the emergence of Silent Unity and the field ministries; and the spiritual principles and mystical themes underlying the expansion of Unity's work.

Required Text: *The Story of Unity* by James Dillet Freeman.



BI-820 Bible Overview: Hebrew Scriptures • Taught by Rev. Moses Sturdivant, Sr. Minister of Unity of Fremont • 1:00pm to 2:45pm

Build your Bible knowledge with this overview of biblical history and metaphysics. Make sure you take this basic course as early in your studies as possible. **Required texts:** *The New Interpreter's Study Bible, New Revised Standard Version with the Apocrypha*; *Reading the Bible Again for the First Time* by Marcus Borg



MS-800 Charles Fillmore's Prosperity • Taught by Rev. David McArthur, Sr. Minister of Unity Center of Walnut Creek • 3:00pm to 5:00pm

It was during the fear and hopelessness of the great depression that the mystical vision of Unity's co-founder, Charles Fillmore, brought to the world the liberating knowledge of God as the unlimited source of true prosperity. Now, at this time when our world is in financial fear, learn and live these great prosperity teachings. Fillmore's prosperity is practical, powerful and effective. We will add to his breakthrough wisdom with proven techniques from Catherine Ponder, Edwene Gaines and the HeartMath system. You will learn how to manifest prosperity in your life as well as the rich spiritual understandings on which these life-transforming practices are based. **Required Text:** *Prosperity* by Charles Fillmore



Cost: If taking class(es) for credit, \$36.00 per class, otherwise classes are offered on love offering basis.

Register at steve@growth.com, or at PO Box 2393, Dublin, CA 94568 • 925.829.2733



Our Unity Community

Unity Coaching Center

We are creating at UCWC the first-ever Unity Coaching Center called "New Thought Coaching." With coaching, one utilizes the skill of a professional coach to empower oneself to move forward toward heartfelt goals with effectiveness and wisdom. Unlike counseling which is oriented to addressing the blocks to our good, coaching is a dynamic way of creating the good we desire with skilled professional support. Our first coaches are Rob Seidenspinner, Veronica Wolf and Rev. David. Each are trained in this highly effective way of empowerment and both Rob and Veronica are certified by national coaching organizations.

We are offering our coaches to our Center and to Unity students throughout the country. We believe it is very helpful in bringing our goals into reality to have a coach who is grounded in their own spiritual practice and Unity principles, and who believes in the underlying oneness of the universe. Read more about our new Coaching Center and how to get in touch with the coaches on our website.

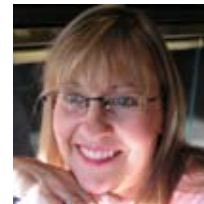
New Date for the Crab Feed! Saturday, February 28

Look for information in the February issue of Centerpoint on our all-you-can-eat Crab & Pasta Feed. The Crab Feed is the annual celebration of our featured crustacean, the Dungeness Crab, with an anticipated 200 attendees enjoying the fun, food, wine and entertainment. You won't want to miss this old-fashioned Crab & Pasta Feed. Look for opportunities to be a sponsor or to donate a prize for the raffle and silent auction.

HeartMath Study Group

Saturdays with Ciel Gierke • 10:00 am - noon

In addition to our committed HeartMath Study Groups that meet throughout the week, we will have an additional facilitated, open-to-everyone HeartMath group that meets on Saturday mornings. Ciel Gierke will lead this group for three Saturdays of the month and group members are invited to join Toni Roberts' HeartMath class on the second Saturday. Ciel is a licensed 1 on 1 HeartMath Provider and has been leading our study group program. If you haven't found an open group meeting at the right time for you, join Ciel and other warm Unity hearts for this life-transforming study.



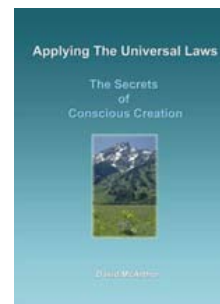
New! Audio Recordings of Rev. David's 2008 Sunday Messages on Website

The Unity Center website now features audio recordings of Rev. David's Sunday messages for the past year (plus some from previous years). You can find the link (<http://unitywcnetcast.com/>) on the website's home page (www.unitycenter.net). Go to the Minister's Message page, and then to the Audio-Video page. New messages will be added to the page going forward so you can re-listen to Rev. David's life-transforming messages, or listen for the first time if you are unable to attend a service.

A summary will be added for each sermon. We are looking for people to help write these summaries. Please contact Lisa Nichols at (925) 689-7736 to help.

The Secrets of Conscious Creation DVD is here!

Find out why your life is the way it is and what you can do about it. Rev. David's seminar that so many people asked to be repeated is now on DVD. This is the understanding of the Universal Laws through which we create our lives. It includes the laws of attraction, transformation and enlightenment and how to apply them. We are privileged to have this special expertise developed by Rev. David and his father through over thirty years of research and testing. Masterfully captured by our own Shari Dyer on DVD, this course will change your life. It is one of the most complete spiritual studies of the Universal Laws ever given. Available in the UCWC Book Center.





January Calendar of Events

Ongoing Events

(HeartMath and POD groups that are closed are not listed here, but are on the This Week at Unity poster at the Center)

Mondays

Hatha Yoga *with Barbara Bureker* 1:30 pm
 Manifest Your Soulmate *with Kathleen Sims** 7:00 pm
 The Spiritual Alchemy of Grief *with Beth Bottorff** 7:00 pm

Tuesdays

Book Club 10:00 am
 Course in Miracles *with Linda Goldey* 10:30 am
 Meditative Yoga *with Sandy Stober* 5:30 pm
 Universal Laws of Abundance *with Rev. David** 7:00 pm
 Insight Meditation *with Ernest Isaacs* 7:30 pm

Wednesdays

Senior Peer (Second & Fourth Wed. of the month) ... 10:00 am
 12 Step Meeting - Nicotine Anon 6:30 pm
 Healing Night (First Wed. of the month) 7:00 pm
 Hands-on Healing Night (Third Wed. of the month) ... 7:00 pm
 Conscious Eating *with Angie Lambert & Sheri Miller** ... 7:00 pm

Thursdays

12 Step Meeting - O.A.H.O.W. 10:30 am
 Unity Principles *with Mike McGarvey & Ron Salazar** ... 7:00 pm
 Choir Rehearsal 7:30 pm

Saturdays

Prepare homeless bag lunches 9:15 am
 Toni Roberts (2nd Saturday of the month) 10:00 am
 Facilitated HeartMath Group with Ciel Gierke 10:00 am
S.E.E. Super Saturdays (see page 5)

Sundays

Sunday Services 8:00 (Meditative), 9:30 and 11:30 am
 Poetry Group (First Sunday of the month) 1:00 pm
 12 Step Meeting - O.A.H.O.W. 4:00 pm

**Starts week of January 19*

January

Friday 23rd

Astrological Forecast with George Stathis 7:30 pm

Monday 19th

New Classes start this week 7:00 pm

Don't forget these Ongoing Groups and Classes!

HeartMath Dialogue on Saturday, January 10 at 10:00 am with Toni Roberts. This is a focus group to help people who are learning the HeartMath tools refine their practice and to inspire others to begin learning the tools and/or join one of the Hub groups.

Poetry Group on Sunday, January 4 at 1:00 pm.

Hatha Yoga...Mondays at 1:30 pm with Barbara Bureker

Book Club...Every Tuesday morning at 10:00 am, a wonderful group of spiritual seekers gathers to explore together meaningful ideas of spiritual growth.

Linda Goldey leads **A Course in Miracles** group on Tuesdays at 10:30 am, giving an indepth look at this powerful course which has changed so many people's lives.

Meditative Yoga...Tuesdays at 5:30 pm with Sandy Stober.

Tuesdays at 7:30 pm is **Insight (Vipassana) Meditation** with Ernest Isaacs, taken from the teachings of Buddha—a process of cultivating peacefulness in the mind and openness in the heart.

Healing Nights on the first and third Wednesdays at 7:00 pm with Tom Bradica. On the first Wednesday, various healers from within our group share and guide us as we experiment with and explore their personal healing modalities. Others contribute with music and meditation. There is always plenty of hands-on and group healing. The third Wednesday evening is less structured and more involved with direct energetic and hands-on healing, alignment and attunement.

Choir...Thursdays at 7:30 pm. If you like beautiful music, singing with delightful people, having fun learning and growing with others, and inspiring and blessing our Center, the Choir is for you!

Unity Center

OF WALNUT CREEK

1871 Geary Road, Walnut Creek, CA. 94597

Non-Profit Org.
U.S. Postage
PAID
Walnut Creek, CA 94597
Permit No. 424

January 2009 Centerpoint

Growing Unity

Love in Action brings you: "Growing Unity" – a special "about our move" website chronicling our change to temporary quarters while our new sanctuary and youth building are created. You can get to our "growing" site from our regular website or to the url below so you can follow our construction and see the pictures of the changes as they take place. Learn about the events at our beautiful temporary space at Heather Farms. Discover where to find our office and where all the classes and meetings are taking place. There are so many other activities that are a part of this very exciting move. Our regular website will continue to keep us up-to-date with its wonderful reporting of all our activities. For all the teams making our move possible, this new website will help us stay coordinated. If you would like to follow our new creation step by step, we will post the pictures of the new construction so you can see it unfold before your eyes.

Check it out at: <http://www.growingunity.myevent.com>



Heather Farms (temporary quarters)



Reverend David McArthur, Senior Minister • Reverend Don Eggleston, Assistant Minister

How to Reach Us:

Office (925) 937-2191 and office@unitycenter.net

Dial-A-Thought (925) 937-0777

24 Hour Prayer Chain (925) 937-2191

Silent Unity / Unity Village, MO (800) 669-7729

(24 Hour Prayer) (816) 969-2000

Business Hours: Monday - Thursday 10:00 am - 6:00 pm; closed Friday

Daily Meditation: Monday - Thursday 12:00 pm - 12:15 pm

Book Center & Library Hours: Monday - Thursday 10:00 am - 7:00 pm

Retail Book Sales: Sunday 9:00 am - 1:30 pm

Sunday Morning Service: 8:00 am, 9:30 am & 11:30 am

Sunday Morning Youth Education: Infants-13yrs: 9:30 and 11:30

Uniteens (Middle School): 9:30 & 11:30; Y.O.U. (High School): 11:30 only