

Centerpoint

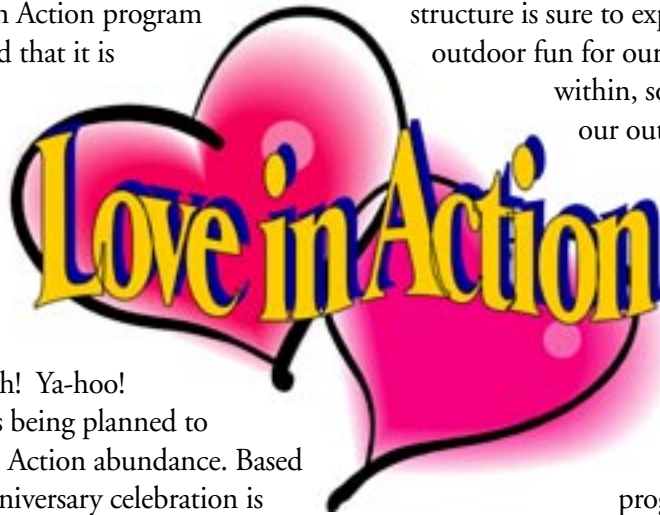
UNITY CENTER OF WALNUT CREEK

Can you believe that our Love in Action program has been in place over a year, and that it is almost the first anniversary of our wildly successful Barn Bash party on Commitment Sunday?

To celebrate our first anniversary of Commitment Sunday, we want you to get ready to enjoy another Barn Bash! Ya-hoo! An extraordinary encore event is being planned to honor and celebrate our Love in Action abundance. Based on the success of last year, an anniversary celebration is scheduled to be held after the 11:30 service on Sunday, May 18!!

This free, family event is being hosted by the Hospitality Dream Team and will be providing fabulous food, fierce fun and delightful fellowship. Volunteers are still needed by the Hospitality team for this event, so if you are interested in being a "Love in Action" volunteer, be sure to sign up on the patio on Sundays.

During the Barn Bash, a ribbon-cutting ceremony will commemorate our Playground Project! This new play



structure is sure to expand the capacity for safe, outdoor fun for our little ones. Remember "as within, so without!" Once again, our outer world will reflect the

inner beauty we have been collectively cultivating with our thoughts, prayers and meditations. Thank you, God!

We've recently achieved a most significant milestone moment in the Love in Action program. The architectural rendering, that shows an artistic view of the changes that are in store for our Center, was unveiled at the Town Hall

meeting on April 20. These drawings certainly provide us with a clear image for our personal and collective visualization meditations and exercises. If you haven't yet seen the rendering, please check it out (posted in the sanctuary). We're very interested in your opinion, so let us know what you think! Send your feedback to our Project Manager, Jeff Cushing, at jtcushing@ca.astound.net.

Come to the One Year Anniversary Party on Sunday, May 18!

What is Love in Action?

Love in Action is a program, introduced in 2007, to raise the collective consciousness of the Unity Center of Walnut Creek community and to raise funds to create changes in our Center that reflect the beauty of our inner abundance in our outer, physical world. To model the principles of tithing and generosity, we are sharing our love and gifts with our local community and with the world.

For more complete details concerning the information in this newsletter, please see our website, www.unitycenter.net



Upcoming Events

Circulation Day

Saturday, May 31, 9:00 am - 4:00 pm

Circulation Day is an opportunity to donate the good quality things in your life that are no longer serving you, and send them on (circulate them) to others.

The items are given for free and everyone is invited to give a donation, which will benefit our Youth Education program. Bring your goods on Friday, May 30 from 10:00 am - 7:00 pm and on Saturday morning.



Benefit Event for the Peace Academy of Costa Rica with Anne Marie Clear

Saturday, May 17, 9:30 am - 12:30 pm

A special benefit event is being held at our Center introducing HeartMath's emWave® Personal Stress Reliever technology. The ticket is based on a sliding scale: \$199 - \$299. It includes the hand-held emWave unit and a donation to the Peace Academy of Costa Rica. HeartMath stress coach Anne Marie Clear will teach us to use the emwave to stop our stress. If you already own the emWave PSR, please bring it and purchase a ticket that will benefit the Peace Academy.



Children's Book Drive

Our annual Children's Book Drive will benefit low income elementary school children and those for whom English is a second language. We will be collecting money to purchase age and reading level appropriate books at a great discount through a scholastic book supply. Each child will have a book to take home and provide reading enjoyment during summer vacation. \$5 will provide 3 books, \$10 will provide 6 books, and so on. Please make checks out to Unity and put them or cash in an envelope marked Book Drive. Give your envelope to the volunteer in the Book Center. Your donation is needed by May 11th.

Intuitive Power Healing

**A Workshop with Dr. Robert Friedman
Sunday, June 1 at 2:00 pm (Free-will donation) plus
Dr. Robert will be speaking at all services**

Back by popular demand! Dr. Robert is an intuitive healer and physician. His workshop presents a transformational experience based upon decades of real clinical cases and the evolution of his dynamic healing system. Private diagnostic sessions can also be scheduled. See the June Centerpoint for more information.



A Return Peace Tour of Costa Rica

We get to go again! • February 13-23, 2009

Join Rev. David, Kathryn McArthur and Unity friends as you explore the amazing beauty of this country and acquire peacemaking skills. On this tour, you will learn to "BePeace" through a synergistic combination of skills taught by Rita Marie Johnson, founder of The Academy for Peace of Costa Rica. BePeace combines the emotionally-transforming tools from HeartMath for "feeling peace" with the compassionate communication skills of Nonviolent Communication for "speaking peace". Together, the ability to "feel peace" and "speak peace" will help you function as an instrument of peace in the world.

We will visit La Paz Waterfall Gardens and enjoy the spray of a 120-foot waterfall, the tickle of a butterfly as it takes its first flight, and have a hummingbird eat out of our hands...join members of Unity-Costa Rica for their Sunday service... travel down the scenic Pan-American Highway to the Calypso yacht, which will take us to Tortuga Island's white sand beach for swimming and snorkeling...travel to the UN University for Peace and tour the campus...journey to El Tucano where we can rejuvenate in hot springs and take advantage of a full-service spa...travel to the active Arenal Volcano, where you can experience a zip-line ride you will never forget! A highlight is a riverboat jungle tour of the National Tortuguero Park, where we will see a wide array of birds, animals and plant life.

Pick up a brochure in the Book Center



May Calendar of Events

Ongoing Events

(HeartMath and POD groups that are closed are not listed here, but are on the This Week at Unity poster at the Center)

Mondays

- Communication Coaching Group *with Ali True*..... 10:30 am
- Hatha Yoga *with Barbara Bureker* 1:30 pm
- Mastering Practical Intuition *with Will Scott**..... 7:00 pm
- Women of Unity (Third Monday of the month) 7:00 pm

Tuesdays

- Book Club 10:00 am
- Course in Miracles *with Linda Goldey*..... 10:30 am
- Meditative Yoga *with Sandy Stober*..... 5:30 pm
- Insight Meditation *with Ernest Isaacs* 7:30 pm

Wednesdays

- Senior Peer (Second & Fourth Wed. of the month) ... 10:00 am
- 12 Step Meeting - Nicotine Anon 6:30 pm
- Healing Night (First Wed. of the month) 7:00 pm
- Hands-on Healing Night (Third Wed. of the month) .. 7:00 pm
- Journey into Prayer... *with Jeanne Fuson & Rev. David**...7:00 pm

Thursdays

- 12 Step Meeting - O.A.H.O.W. 10:30 am
- Spiritual Insight Through Expressive Arts *with Sonia Wijts**...7:00 pm
- Choir Rehearsal 7:30 pm

Saturdays

- Prepare homeless bag lunches 9:15 am
- Toni Roberts (no meeting this month) 10:00 am

Sundays

- Sunday Services 8:00 (Meditative), 9:30 and 11:30 am
- Poetry Group (First Sunday of the month) 1:00 pm
- 12 Step Meeting - O.A.H.O.W. 4:00 pm

* Classes end May 30

May

Sunday 4th

- Youth Plant Sale 10:30 am & 12:30 pm

Saturday 10th

- Secrets of Conscious Creation *with Rev. David*.....9:00 am

Sunday 11th

- Youth Plant Sale 10:30 am & 12:30 pm
- Last day of Book Drive..... all services

Saturday 17th

- Benefit Event with Anne Marie Clear.....9:30 am

Sunday 18th

- One Year Anniversary Barn Bash 12:30 pm

Friday 30th

- Drop off items for Circulation Day 10:00 am - 7:00 pm

Saturday 31st

- Circulation Day 9:00 am - 4:00 pm

Ongoing Classes during May • Drop-ins Welcome • Free-will Donation

Mastering Practical Intuition • Mondays at 7:00 pm with Will Scott

This is a fun, transformative, experiential course in developing your innate ability to “know” what is so beyond the ordinary physical and mental perceptions.



Journey into Prayer and Meditation • Wednesdays at 7:00 pm with Jeanne Fuson & Rev. David

Come join a supportive group of fellow seekers in a life-transforming journey into meditation and prayer.



Spiritual Insight through Expressive Arts • Thursdays at 7:00 pm with Sonia Marie Wijts

You will go on a journey of discovery and use art to express what was hidden, as well as solidify the gained insights.



Unity Center

OF WALNUT CREEK

1871 Geary Road, Walnut Creek, CA. 94597

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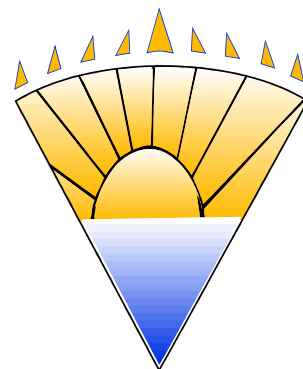
May 2008 Centerpoint

Secrets of Conscious Creation

A Workshop with Rev. David McArthur

Saturday, May 10, 9:00 am - 4:00 pm • Free-will Donation

Ancient wisdom, recent scientific discoveries, psychic revelations, and spiritual adepts from many paths tell us that we are creative beings bringing forth our world through an amazing set of laws. Very few people have conscious knowledge of these powerful secrets of creation. Rev. David brings us this breakthrough program because he has studied and written about these powerful laws and tested them in the real world.



When he presented these laws in his recent “Beyond the Secret” class, there was a sincere request to share more and teach how to use the amazing power of these Universal Laws. Rev. David is now bringing us this empowering information in a dynamic workshop where we will learn how to use these laws to consciously create what we want in our lives. Rev. David has presented lectures and seminars on the Universal Laws around the country, including major conferences at the Edgar Cayce Headquarters in Virginia Beach, one of the finest sources of material on these laws.

Conscious creation is many times easier than how we now create our lives—and it is a lot more fun!

How to Reach Us:

Office (925) 937-2191 and office@unitycenter.net

Dial-A-Thought (925) 937-0777

24 Hour Prayer Chain (925) 937-2191

Silent Unity / Unity Village, MO (800) 669-7729

(24 Hour Prayer) (816) 969-2000

Business Hours: Monday - Thursday 10:00 am - 6:00 pm; closed Friday

Daily Meditation: Monday - Thursday 12:00 pm - 12:15 pm

Book Center & Library Hours: Monday - Thursday 10:00 am - 7:00 pm

Retail Book Sales: Sunday 9:00 am - 1:30 pm

Sunday Morning Service: 8:00 am, 9:30 am & 11:30 am

Sunday Morning Youth Education: Infants–13yrs: 9:30 and 11:30

Uniteens (Middle School): 9:30 & 11:30; Y.O.U. (High School): 11:30 only