

In this very moment the love of the Divine is present for you as gracious abundance.

This abundance is so much more than meeting every need. It seeks to pour its loving, nurturing, empowering support into every part of your life that you might know its great love as you experience true fulfillment.

Your open heart is the doorway that lets it flow in and through you without limit.

—Rev. David McArthur

For more complete details concerning the information in this newsletter, please see our website.

1871 Geary Road, Walnut Creek, CA 94597 (925) 937-2191 • www.unitycenter.net



Upcoming Events

Eat, Pray, Love (In Action)

A Remembrance of our 2010 Homecoming

Sunday, October 2 after the 11:30 am service

On 10/10/10 we returned to our spiritual home after more than a year of operating from temporary quarters while we remodeled. Our capital campaign called Love In Action resulted in our new look, which reflects the love, abundance and joy of who we are as a community, and in the technology that allows us to connect with our online community.

On October 2, we invite you to join us in celebrating our 1-year homecoming anniversary as we Eat, Pray, Love (In Action)! Immediately following the 11:30 service, we will eat together in the CommUnity Room – a light meal will be provided (not a potluck as previously announced). We'll then come together in prayer.

- Our choir will lead us in beautiful music
- We will take turns prayerfully walking a labyrinth.
- We will once more bless and rededicate this sacred space that we love.

We look forward to eating, praying and loving with you on Oct. 2. For questions about Love in Action, call Lisa Nichols at (925) 689-7736.



Membership Orientation Class

Tuesday, October 4 at 7:00 pm OR

Saturday, October 8 at 10:00 am

If you are interested in taking the step of joining our Unity Community as a member, or if you are just interested in learning more of what Unity is about, join Rev. David for our Unity Membership Class on Tuesday, October 4 at 7:00 pm or Saturday, October 8 at 10:00 am. We will explore: Unity's history and teaching; what makes Unity different; how Unity looks at other religions; Unity's response to current issues; how Unity of Walnut Creek works. You will get to know Reverend David and others who are interested in membership. The Unity Membership class is a prerequisite to becoming a Unity member—and it's fun!

Volunteer Training

Sunday, October 9, 2:00 - 4:30 pm

Volunteers! And this includes just about everyone in our community...Join us on Sunday afternoon, October 9, from 2:00 to 4:30, for our new Volunteer Training. Whether or not you are currently volunteering, you are invited to come to this workshop on volunteering as a spiritual practice. There will be discussions, exercises, and opportunities to assist you in recognizing and integrating spiritual awareness in all activities, as we become volunteers who "Follow Our Hearts and Radiate Our Light." The training will be mostly experiential, as we practice evoking the sacred intentionally, moment by moment, in simple everyday tasks and thus experience service grounded in Spirit and joy.

Participating in Life's Unfolding *with Rev. Eileen Goor*

Sunday, October 23 at 2:00 pm • Guest speaker at 9:30 & 11:30 services

Rev. Eileen Goor will facilitate an individual spiritual discernment process that peels away layers of conditioned thinking that blocks our ability to access innate Wisdom. Discernment takes us beyond our own understanding, rationalization, past experience, and sensory perceptions. All that is required is trust and willingness.

Discernment is a practical way of shifting our focus from the limitations of a five-sense, personal awareness to the acknowledgment that we are unlimited spiritual beings. When we trust that Wisdom is continually accessible, we are irresistibly drawn to open to this perfect unfolding, putting ourselves in the natural flow of unlimited supply and support.

Rev. Eileen Goor was ordained in 1993 and served as founding minister for New World Unity Church in Springfield, VA for 12 years. In Feb '08, she moved to southern California. She teaches Metaphysics online for the SEE program at Unity Village and is a writer. Her avocation is raising Guide Dog puppies, currently a yellow lab, Lotto.

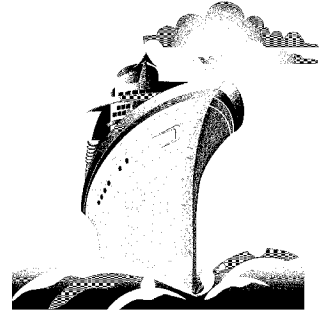




Upcoming Events



Cruise the World **Unity Love Boat Dinner & Auction**



Saturday, October 15, 2011, 6:00 pm
Centre Concord, Concord

Join us for a fabulous evening of music, dancing, entertainment, delicious food, live and silent auction and special entertainment for the kids.

Tickets available at Unity Bookstore and on the patio.

Adults - \$40

Children under 12 - \$20

Family Tickets - \$100 * up to 2 adults plus their children

Special seating at the Captain's Table \$100.00 per person

Purser's Table \$75.00 per person

First Mate's Table - \$50.00 per person

It is not too late to become a sponsor. Special Sponsor Tables available.

Guest Speaker Rev. Suzanne Leonard **Sunday, October 16 • All services**

One of our favorite people is returning to share her wisdom and light with us. Rev. Suzanne Leonard was one of our associate ministers and brought great joy and rich blessings to our Center. She is now the minister at the Unity church in Yucaipa, California. Rev. Suzanne's joy and wisdom have endeared her to our Walnut Creek family and we welcome this opportunity to spend a Sunday with her again. She is bringing to us the powerful revelations from a book that is changing lives and having a major impact in our world today, *The Four Agreements*, by Don Miguel Ruiz (available in our Book Center). Join us for an enlightening service with this wonderful teacher of Truth.



Annual Meeting and Election of Board Members

Sunday, October 30 at 1:30 pm

This is our time to elect new board members and to review our year—and what year it has been! Lunch will be served at 1:00 pm; the meeting starts at 1:30 pm. This is an important meeting and we urge you to come and bring your questions, concerns and insights.

We will be selecting new trustees for our board, looking back at the amazing year we have completed, catching up on where we are now, reviewing our financials, and considering questions about the direction and priorities we should pursue in the year ahead.

Please plan to attend and participate in this special event in the life of our community.

Our children will be having a Halloween party during the meeting!!



Upcoming Events

What's Your Next Adventure? A Workshop *with Sonia Wijts and Sarah Lord*

Saturday, October 29 • 1:00 - 4:00 pm

Are you at a transition point in your life and looking for a new direction? For a few hours on Saturday, October 29, immerse yourself in story, art, and maybe some gentle movement, to find your Yellow Brick Road (no artistic talent required....honest). Perhaps your new path is helping to raise your grandchildren, working to save our planet, or taking a music history class. Investigate what will give new warmth to your heart. Explore the multitude of possibilities for nourishing your soul in the next part of your life!

At the Heart of Healing *with Rev. Vic Jenkins, René Jenkins and Janet Janay Cipriani*

Sunday, November 6 • 9:30 & 11:30 am Services • 2:00 pm Workshop

Rev. David has invited Rev. Vic Jenkins to lead our services on November 6. Vic brings a powerful experience of personal or family healing from tragedy. He is joined by his son, musician René Jenkins, creating for us a unique and powerful experience of transcendence.

René and Janet Janay Cipriani will be conducting a sound healing circle at 2:00 pm. Join them for a lively discussion of the ancient, indigenous instruments and their historic metaphysical properties followed by a ceremonial sound healing with Angelic Healing Touch! They'll take you on a healing journey with sounds from our ancestral past (didjeridu, conch shell, ritual flutes, whistling water vessels, condor quill antara & more) elevating consciousness & re-connecting to Source. Embrace your higher resonance of Peace & Vitality while old "static" energy is replenished with greater Vibrational-Light!

Ceremonial Sound Healer René Jenkins & Angel Therapy Practitioner® Janet Janay Cipriani have integrated a unique blend of healing modalities through the beautiful sounds of ancient ritual instruments, healing touch, and the intention for well being, creating an energetic bridge where your body, mind and spirit unite with the soul. Bring your intentions of deep healing for yourself, your loved ones and the Earth.

Vic Jenkins received a Bachelor of Arts degree in music from San Francisco State University, a Master of Arts degree in history from Southern Methodist University, and graduated from Unity School of Christianity in Missouri as an ordained minister, serving for twenty years as a Unity minister in Vacaville, California. The diverse projects, classes, workshops, and presentations in which he has been involved over the years reflect his eclectic interests and training. His book, "Breaking the Wineglass: Living a Spiritual Life beyond Religious Boundaries," was published in May 2010.



Participation Day

Sunday, November 13, 1:00 - 2:30 pm

Have you ever wondered how to volunteer at Unity? How to create a small group or interest group that will connect you to others of similar interests? How to contribute your unique talents and experience to events, programs, welcoming, or outreach? On November 13, following the 11:30 service (and some tasty snacks!), we will gather in the sanctuary for our second Participation Day.

Team leaders and committee chairs will briefly describe their specific activities, to help you identify which volunteer opportunities inspire you and need your skills and wisdom. After the next part of this event in the sanctuary, these leaders will be hosting tables in the CommUnity Room for you to visit, gain more information, and sign up to participate. Next, we will open the floor to any and all who have been hoping to join with others around a particular interest, such as a Book Club, a Seniors Group, a Women's Group, a Spiritual Growth group, or whatever you can imagine that would energize your own spiritual path within this community and link you with like-hearted companions. You will have two minutes to describe what you would like to host or participate in as a group activity. Once all suggested activities are presented, we will poll those present to see who is interested in joining with you to explore your special interest. You will know immediately if there are people present who want to join with you to co-create new opportunities for social and spiritual deepening around your topic.

The intention of the day is for you to find your own perfect place of participation at Unity of Walnut Creek. For more information, contact Susan Galvan, Community Life Minister, at 925-989-1078.



Upcoming Events

The Magic of Forgiveness with Rev. Sheila Gautreaux

Saturday, November 19 • 9:00 am - 6:00 pm • \$60* (Early Bird until 11/11); \$75 11/12-11/19

Spend the day in this workshop “magically” clearing your consciousness from the influence of the many past negative influences that have held you back, limited your potential and kept you from being all that you can be. It includes the Radical Forgiveness Circle Ceremony which enables you to forgive virtually everyone in your whole life who has ever hurt you, and to forgive yourself for hurting others. It also includes another powerful process that enables you to radically forgive one particular person or situation in your life - perhaps the one it has been hardest to forgive. Additionally, it includes a beautiful ceremony for healing the male/female gender divide. Besides finding the experiential processes life-changing in the moment, participants leave feeling excited about what Radical Forgiveness offers them as a way of creating what they want in their life.



*Workbook included in cost of workshop

Sheila Gautreaux is our new choir director, a Licensed Unity Teacher, ordained Interfaith Minister, Inspirational Speaker, Author, Radical Forgiveness Coach, Opera Singer, Columnist, mother and grandmother. She is the author of Praying Through A Storm: How Prayer Works, How to Make it Work For You, a book on the power and process of prayer. Sheila Gautreaux is an exciting and highly-praised speaker on spiritual principles and practice, forgiveness, relationships and women's empowerment.

G i v i n g T h a n k s

Native American Services

Sunday, November 27

Giving thanks is a regular practice in the daily life of many native traditions. On November 27 we will bring together ancient voices and contemporary experience to celebrate and honor the wisdom of the First People's Spirituality.

From their hearts, members of Walnut Creek Unity and special guests will bring experiences, stories, and music to share with the intention of expanding our understanding and appreciation of what religious scholar, Huston Smith, calls the “Primal Religion.”

“They had what the world has lost: the ancient, lost reverence and passion for human personality joined with the ancient, lost reverence and passion for the earth and its web of life. Since before the Stone Age they have tended that passion as a central, sacred fire. It should be our long hope to renew it in us all.”

This service has become a beautiful and inspiring tradition at Unity Center. Let the deep, rich spirituality of this ancient, sacred path enrich your Thanksgiving and renew your soul.



**“If the only prayer you said in your whole life was,
“thank you,” that would suffice.”**

—Meister Eckhart



Continuing Classes

Unity Center of Spiritual Learning • September 12 - November 4

Drop-ins Welcome • All classes on free-will donation basis (suggested donation \$10-\$20 range)

It is our desire to offer equal access to Unity classes. If you have an access need, please let the office or teacher know.

World Religions • Mondays at 7:00 pm with Susan Galvan, M.A.

In this class, each week we will explore one of the major religions of the past two thousand years, including Hinduism, Buddhism, Judaism, Christianity, Islam, Confucianism, and Native American spirituality. Because each spiritual movement arises from a particular time, place and people in history, shaping both the beliefs and behaviors of the participants, we will seek to understand the underlying structures, concepts and worldviews of the various faiths. The goal is to share a glimpse into each of these sacred traditions through the eye of the heart, opening to the wisdom, beauty and power of each. Highlights include a video of the Mevlevi Whirling Dervishes and a guest class with my husband, a Sun Dancer, gourd dancer and pipe carrier, on Native American religion and culture. Text: *The Religions of Man*, by Huston Smith



Jesus Through Unity Eyes • Tuesdays at 7:00 pm with Ron Salazar

Although Jesus' ministry lasted only 3 years, his teachings have been interpreted thousands of different ways for over 2000 years! The result has been multiple sects within Christianity, divisions based on these differences in interpretations. In Unity, we study those principles which lead us to our awareness of our Oneness in Spirit. We believe that by interpreting Jesus' teachings metaphysically, such as the interpretations of Charles and Myrtle Fillmore, Eric Butterworth and Emmett Fox, truth is revealed. Please join us as we explore the teachings of Jesus through the words and hearts of Unity and New Thought leaders.



Conscious Evolution • Second Wednesday of the month at 7:00 pm with

Ali True & Mary Alice O'Connor

Most agree that our natural world is in crisis. Some also are aware that this is a time of widespread harmonic awakening. The mystery of 2012, along with the concept of the biosphere-noosphere transition – a new era of evolution, is drawing attention from scientists, pioneering souls and world leaders. You are invited to this forum to discuss how we are contributing to the grand process of shifting from an old paradigm to an emerging model that is attuned to the interconnectedness of all life, sensitive to the many realms that require us to restore sacred balance. Our monthly discussion on conscious evolution will be both inspiring and informative!



De-Stress Workshop Returns with Ciel Gierke

Sunday, October 2 at 7:00 pm

Are you noticing people everywhere are saying life is speeding up and getting more complex? Are you experiencing the stress of not enough time and too much to accomplish within that time? Is your financial situation getting you down? Do your relationships with people leave you feeling exhausted? After a summer hiatus, Ciel is offering this program developed by the Institute of HeartMath especially for people experiencing the stresses of our society. Ciel, a Licensed 1:1 HeartMath provider and Licensed De-Stress Workshop Instructor, presents these workshops free to anyone who wants to take them. We will discuss the science behind the experience of stress and provide you with two very specific tools that will help you. You will leave the workshop with a plan in place for working on the situations causing you stress as well as resources you can tap into for additional assistance.

The "De-Stress workshop" is held at Unity of Walnut Creek the first Sunday of every other month. You do not need to sign-up for the workshop. Just show up, but please be prompt as they will begin on time.





October - November Calendar of Events

Ongoing Events

Mondays

Communication Coaching Group *with Newt Bailey*.. 10:30 am
 Nia *with Kathy Bate*..... 10:30 am
 HeartMath Study Groups (closed groups) 7:00 pm
World Religions* *with Susan Galvan*..... 7:00 pm

Tuesdays

Course in Miracles *with Linda Goldey*..... 10:30 am
 HeartMath Study Group (closed group)..... 7:00 pm
Jesus Through Unity Eyes* *with Ron Salazar* 7:00 pm
 Insight Meditation *with Ernie Isaacs* 7:30 pm

Wednesdays

Nia *with Kathy Bate* has been cancelled 5:30 pm
 Nic-Anon 6:30 pm
 Women of Wonder (3rd Wed. of the month)..... 6:30 pm
 Creative Spirits (2nd Wed. of the month)..... 7:00 pm
Conscious Evolution* (2nd Wed. of the month) 7:00 pm
 Healing Night (1st Wed. of the month)..... 7:00 pm

Thursdays

Sheng Zhen healing qigong *with Alison Tucker* 10:30 am
 HeartMath Study Group (closed group)..... 1:30 pm
 Sheng Zhen qigong *with Alison Tucker*..... 5:30 pm
Keys to the Kingdom* (closed) *with Rev. David & J. Fuson*.....7:00 pm
 Choir Rehearsals 7:30 pm

Fridays

Office closed
A Course in Miracles *with Garrett Riegg* 7:00 pm

Saturdays

Prepare homeless bag lunches (1st, 2nd & 3rd Saturdays)9:00 am
 Toni Roberts (2nd Saturday of the month).....10:00 am
 Facilitated HeartMath Group *with Ciel Gierke* 10:00 am

Sundays

Sunday Services 8:00 (Meditative), 9:30 and 11:30 am
 Laughter Yoga (2nd Sunday of the month)..... 10:45 am
 Poetry Group (1st Sunday of the month).....1:00 pm
 Awakening the Dreamer (2nd Sunday of the month)2:00 pm
 Drumming Circle (3rd Sunday of the month)5:00 pm
 Urantia Study Group (2nd, 4th Sunday of the month).....6:30 pm

**Classes end November 4*

The Teddy Bear Drive is back!

Our annual **Teddy Bear Drive** this year will be on these Sundays: **November 6, 13 and 20**. Each Sunday the donated bears will attend our services and receive our love before they are given to children. This year our Book Center is selling cute, cuddly, and unique teddy bears. The sizes range from very small bears for infants in need to larger bears for toddlers.

October

Sunday 2nd

Eat, Pray, Love (In Action).....after the 11:30 service
 De-Stress Workshop with Ciel Gierke 7:00 pm

Tuesday 4th

Membership Orientation class 7:00 pm

Saturday 8th

Membership Orientation class 10:00 am

Sunday 9th

Volunteer training..... 2:00 pm

Saturday 15th

Unity Love boat Dinner & Auction (Centre Concord) ... 6:00 pm

Sunday 16th

Guest speaker Rev. Suzanne Leonard.....all services

Sunday 23rd

Guest speaker Rev. Eileen Goor9:30 & 11:30 services
 Participating in Life's Unfolding *with Eileen Goor* 2:00 pm

Wednesday 26th

Board of Directors Meeting..... 7:00 pm

Saturday 29th

What's Your Next Adventure *with Sonia W. & Sarah L.*7:00 pm

Sunday 30th

Annual Meeting & Election of Board Members 1:30 pm

November

Sunday 6th 13th and 20th

Teddy Bear Driveall services

Sunday 6th

Guest speaker Vic Jenkins9:30 & 11:30 services
 At the Heart of Healing workshop 2:00 pm

Sunday 13th

Participation Day..... 1:00 pm

Wednesday 16th

Board of Directors Meeting..... 7:00 pm

Saturday 19th

The *Magic* of Forgiveness workshop.....9:00 am

Wednesday 23rd

Service of Appreciation 7:30 pm

Thursday 24th

Thanksgiving Dinner.....noon

**Save the date for our
 Unity Christmas Party!
 Saturday, December 10**



1871 Geary Road, Walnut Creek, CA 94597

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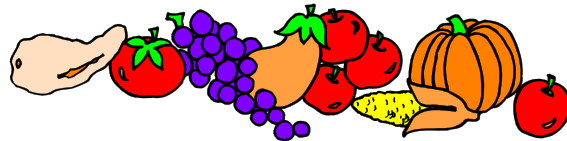
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October - November 2011 Centerpoint

JOIN US THIS THANKSGIVING

Our Thanksgiving celebration begins on **Wednesday, November 23** at 7:30 pm in a **Service of Appreciation**. One of the most meaningful ways to celebrate the Thanksgiving holiday is to come together in a service of conscious appreciation. What are you grateful for in your life? Join our inspirational Heart Ministers as they lead us in giving thanks to God for the many, many forms of goodness that fill our lives. Give voice to the gratitude that fills your heart and support others as they also consciously acknowledge God's abundance.

On **Thanksgiving Day**, we will once again have our **Turkey Dinner** at noon in the Community Room. We provide the turkeys--you bring specific side dishes (we will pay for turkeys you volunteer to cook). There will be sign-ups on the patio (and in the Book Center during the week). Admission by ticket only; \$5/adults; \$3/children. A fun time with your Unity family!



Please like us on Facebook • www.facebook.com/unityofwalnutcreek

Rev. David McArthur, Senior Minister • Susan Galvan, Assistant Minister

How to Reach Us:

Office (925) 937-2191 and office@unitycenter.net

Prayer Requests (925) 937-2191

Silent Unity / Unity Village, MO (800) 669-7729

(24 Hour Prayer) (816) 969-2000

Business Hours: Monday - Thursday 10:00 am - 5:00 pm; closed Friday

Daily Meditation: Monday - Thursday 12:00 pm - 12:15 pm

Retail Book Sales: Sunday 9:00 am - 12:30 pm

Sunday Morning Service: 8:00 am, 9:30 am & 11:30 am

Sunday Morning Youth Education: Infants-13yrs: 9:30 and 11:30
Uniteens (Middle School)& Y.O.U. (High School): 11:30 only