

Centerpoint

UNITY CENTER OF WALNUT CREEK

Embracing New Beginnings

A new sanctuary begins a new chapter in our Center's ability to serve our community.

October 10, 2010 marks that beginning at our opening services. To focus and empower the new vision that Spirit has for our destiny, a new set of activities, 2020 Vision, will invite us to gather and discover together what God is calling us to be. On September 18 we will begin a month of interviewing our spiritual family as that vision begins to reveal itself.



New furnishings, kitchen, children's and community areas invite us to feel divine love, nurturing, prospering and caring for us all. On 10/10/10 we will embrace our spiritual family's return. Look for a special Love in Action newsletter that will highlight our homecoming events. This very moment, and every moment, an Infinite Love is inviting each of us to listen anew to its dream for us, to

accept its care for us, and to be renewed by its radiant life.

Special Unity Events You Won't Want to Miss!

2020 Vision Interview Training – September 18 Learning to interview all of our spiritual family

Circulation Day – October 2 Releasing what no longer serves us while serving our children

Prosperity Plus Workshop – October 3 Edwene Gaines is the best prosperity teacher on the planet

Black and White Ball Gala – October 8 An evening at Geary Road appreciating all that made it possible

24 hour Prayer Vigil – October 9 Join us at home or at Geary Road in preparing our sacred space

Consecration Service – October 9 Consciously committing our building to its sacred work

Homecoming Services at 8:00, 9:30 & 11:30 am – October 10 Our very special first services in our renewed home

Homecoming Celebration after Services – October 10 Food, music and most importantly enjoying each other

Unity's Got Talent – October 23 Our fall celebration, fun time, fundraiser, and talent show

2020 Vision Summit – October 29-30 Our community discovering what God is calling us to be

For more complete details concerning the information in this newsletter, please see our website, www.unitycenter.net



Upcoming Events

World Day of Prayer—Living in the Flow

Thursday, September 9 • 6:00 pm Service at 1800 Oak Park Blvd.

When we unite in prayer, we become expressions of God flowing forth into the world. Seventeen years ago, Unity created World Day of Prayer—held the second Thursday in September—as a global effort to uplift ourselves ... our loved ones ... our world in a shared prayer consciousness. Since that time, more than 15 million people have received prayer support through this sacred initiative. This year's theme, "Living in the Flow," reminds us that the Divine is within us, ever-present and active. Will you join us? You can be a part of this sacred day. We will be holding a prayer vigil from noon – 6:00 pm. At 6:00 pm, we will have a prayer service led by our heart ministers.



Please join us in affirming throughout the day: *We are living expressions of Divine light flowing forth into the world.*

2020 Vision Launch

Interview Training on Saturday, September 18 at 10:00 am at Hillcrest Congregational Church, 404 Gregory Lane, Pleasant Hill

As we envision the future of Unity Center of Walnut Creek, we know that in our newly-renewed center we will radiate an even greater light in the world as we move toward 2020. To be clear about what Spirit is calling us to be, we are keenly aware that we need to listen not only to Spirit, but to what Spirit is revealing through you. So, we ask you to unite with us to discover our vision and co-create our destiny.

To accomplish this, we will enter into "Sacred Conversations" to ask important questions of our community. We invite you to consider joining the 2020 Vision team as an Interviewer. To be an Interviewer, we invite you to participate in a special day of training on Saturday, September 18, 2010, from 10:00 a.m. to 4:00 p.m. Once trained, you will meet with, and ask scripted questions of several people in our congregation. These questions are designed to learn what about Unity most brings us joy, peace, empowerment and a sense of fulfillment. At the training, Interviewers will also provide their answers to the questions.

In deciding whether to participate, step into your heart-space and be sure to check in with your internal guidance, as well as your calendar. If you would like to participate, register at <http://2020vision.unitycenter.net> or call the office to register.

Whether participating on one or both sides of the 2020 Vision Sacred Conversation, we look forward to your insights as we ***Follow our Hearts and Radiate our Light*** together!

Rev. Larry Wynn, Guest Speaker • All services on Sunday, September 19

Larry Wynn is with us to facilitate our Interview Training on Saturday, September 18 and will be sharing with all of us at our Sunday services. The title of his talk is "Discover the Divine Mystery."

Rev. Larry R. Wynn is an organizational and leadership consultant who has worked with more than 50 churches, religious organizations and nonprofits helping them envision and design their future. Larry has a Doctorate of Ministry degree and three master's; is a Licensed Unity Teacher and an Ordained Minister. Larry merges spiritual principles and cutting edge technologies like Appreciative Inquiry, Nonviolent Communication, HeartMath and Radical Forgiveness into his work. Rev. David appreciated Larry's empowering leadership when he served as the Chief Operating Officer at Unity Village. Larry has been guiding our 2020 Vision Team as they lead us on this exciting journey for our Center.





Upcoming Events

Unity's Got Talent!

Saturday, October 23 at 6:30 pm • Concord Senior Center

Have a hidden talent? Come share it with our community - surprise us and surprise yourself! Saturday, October 23 is the date when we will gather for dinner, a talent show, a dessert auction, raffle prizes and dancing to a DJ at the Concord Senior Center. The whole family is welcome. Tyler Snortum-Phelps will be our Master of Ceremonies, Dessert Auctioneer, and DJ Extraordinaire!

On September 12, from 10:30 to 11:00 am, we will have sign-ups. **Be one of the first to sign up to perform and guarantee your slot in the program.** Once all available slots are filled (first come, first served), names will go on a waiting list in case of cancellations. We are looking for stellar performances as follows: 4 slots for children/youth; 4 slots for music/vocals; 4 slots for comedy; 4 slots

for whatever (basketball spinning? stupid people tricks?)

Dinner will be catered by Kinders and will include tri tip and/or chicken, three salads (fruit salad, caesar salad, potato salad), and beans and rolls. We will have a few vegetarian specialties as well. There will be a no-host bar serving wine and beer, managed by John Nichols.

Tickets to the event are priced at \$40 for adults, \$20 for children, or \$100 for a family. You may also want to create a heavenly and delightful dessert to be auctioned off during the talent show. There is a side room for children who get restless; however, we recommend that you leave the littler ones at home.



As part of this event, we will also be conducting two raffles! The **main raffle is for members of the community to offer friends and family a chance to win cash prizes** of \$2000, \$1000 and \$500 or a week in Mazatlan (hotel only) or a wine barrel. Everyone will receive raffle tickets to exchange for donations. Suggested donations will be \$20 for one ticket, \$30 for three tickets, \$100 for 12 tickets. If each member of the congregation secures just three donations from co-workers, neighbors or friends of the \$30 bundle or one donation for the \$100 bundle, we will make our fundraising goal to support operating expenses for Unity in the coming year. You do NOT have to be present to win!

We will also have an "Appreciation Raffle" for in-house prizes such as the reserved parking space for a year, a Sunday with Rev. David on the platform, a HeartMath training, or a Life Planning engagement.

And there's even one more opportunity to both give and receive! **CommUnity Playdates!** **These are the events, throughout the year, that members create for each other to enjoy and share**, as well as raise money for Unity. This year we want to organize both adult and youth playdates. Examples (these are not actually scheduled as of yet) are: Tyler's Wildflower Walks; New Mexican dinner with Rev. David and Kathryn; Native American evening with buffalo stew, fry bread, and drumming/singing of traditional songs with Rev. Susan and her husband, Blue Galvan; zoo trip of parents and kids; gourmet dinner with wine-tasting

What would you love to host this year? These events give us a chance to get to know each other in smaller groups, while enjoying special occasions that are fun, illuminating, or inspiring...or all three! There will be sign-up sheets available after services for you to let us know what you will offer, as we build our connections with each other and help fund additional resources for our growing community.

Fun, Food, Entertainment, Prizes, Desserts, Dancing!

Unity's Got It All!

And it's happening on October 23, 6:30 to 10:30 pm. Be there!





New Classes

Classes held at 1800 Oak Park Blvd. • September 6-30

Drop-ins Welcome • All classes on free-will donation basis (suggested donation \$10-\$20 range)

Whose Life Is It Anyway?

Mondays (9/13, 9/20 & 9/27) at 7:00 pm with Kathleen Sims

We're waking up to the fact that what we once thought would work to create a successful life, often hasn't given us the fulfillment we are all seeking. We're beginning to realize something is missing. The world is changing and a new way of living is being called into Being.

You will uncover the self you project into the world. Who is that self? Who has made your life choices? Your parents? Your siblings? Your spouse, your kids? Society?

Whose voice is the authority in your head? Are you in command of your Destiny? What is your Destiny? How can you tap into it?

This class will offer thought-provoking information, experiential processes, visualizations and Knowledge from 'On High,' so you can be assured that you are on the *right path*. (This class will continue at Geary Road at the end of October)

Designed and taught by Kathleen E. Sims, C.H.T., C.R.C., who is Co-Director of the Center for Conscious Living, in Pleasant Hill, and the founder of The Center for Conscious Relationship, providing soul-based counseling and coaching, spiritual/cellular healing, transpersonal hypnotherapy, and Soul Mastery Workshops. All her work promotes the art and science of conscious loving and living through manifesting one's purpose, vision and heart's desires. A catalyst for deep, individual change, Kathleen moves clients away from intellectual theory and into an actual cellular change of consciousness. She has studied extensively: psychology and philosophy, many energy healing modalities, the Mystics, A Course in Miracles and Universal Principles.



Heart Skills - Techniques of Transformation

Tuesdays at 7:00 pm with Rev. David McArthur

Love is the transforming power. It is through our heart we access that amazing power. Rev. David will be sharing and guiding us into deeper heart skill and deeper heart connection. It is introductory (if you've not yet experienced HeartMath®) advanced (if you've worked with your heart before) and new (the heart frequencies of higher relationships and deeper peace). We will hologram, Cut-Thru® and enter "Point Zero." Are you ready for real transformation?

Would you like deeper connection in your relationships? Would you like more peace in your business world? Would you like more guidance in your decisions? Would you like an expanded experience of spiritual awareness? They are all possible through your heart.

Rev. David has been researching and teaching about love and the heart for over forty years. His extensive background with the Institute of HeartMath and his book, "The Intelligent Heart" are the foundations for the deep experience of the heart that awaits you in this class.





New Classes

Classes held at 1800 Oak Park Boulevard, Suite A

THRIVE! Creating Your Holistic Life Plan

Thursdays at 7:00 pm with Rev. Susan Galvan, MA

What's your own vision for 2020 in YOUR life? Participants will explore and update their Values, Purpose, Passion, Vision, Path, Plan, and Legacy, then create action steps for implementation. Using a workbook, you'll record your responses in class, then discuss them with a partner to clarify and deepen your understanding of each. At the same time, participants will be expanding their listening skills, learning how to empathize and facilitate their partners in moving toward change at depth. Susan will demonstrate how to do this at each stage. Appreciative Inquiry exercises are included in the Holistic Life Planning process. It is requested that participants commit to attend all of the sessions, in order to preserve the integrity of the experience and to be there for their partners. (This class will continue at Geary Road at the end of October)



Rev. Susan Galvan is one of the national and international pioneers of Life Planning, and co-authored the core textbook, Lighting the Torch. In addition, she has trained well over 100 financial planners in how to use life planning to help their clients have lives rich in meaning and purpose - lives truly worth living. She designed the THRIVE! workbook, and has led workshops using it with individuals and couples, who become inspired and excited about the future they envision because they create a solid plan for accomplishment.

Special Love in Action Centerpoint Issue Coming Soon

**We have so many exciting happenings
around the opening of our new Center,
we want to share it all with you!**

**Remember, our homecoming date is
10/10/10**





Our Unity Community

UCWC Financials as of 7/30/10

God is our instant, constant, abundant supply

Income YTD* =	\$192,537
Expenses =	<u>198,274</u>
Net =	- 5,737

*Operations only (LIA not included)

September 26 Sunday Services Changed to The Gardens at Heather Farm

On Sunday, September 26 all three services will be held in the Camellia Room at The Gardens at Heather Farm, 1540 Marchbanks Drive, Walnut Creek. You may park in the lot next to the Camellia Room or on the street.

Note: All other Sunday Services are held in the Lakeside Room (8:15 am service in the Club Room), Heather Farm Community Center, 301 N. San Carlos, Walnut Creek.

Dated Changed for Circulation Day! Saturday, October 2 • 9:00 am - 4:00 pm

Circulation Day is an opportunity to donate the good quality things in your life that are no longer serving you, and send them on (circulate them) to others. The items are given for free and everyone is invited to give a donation, which will benefit our Youth Education program. Bring your goods to Geary Rd. on Friday, October 1 from 10:00 am - 7:00 pm and on Saturday morning.

What Eileen Hammer Housfeld had to say about the “River of Peace Retreat”

Can you believe it? These two photos are of the same river. A few weeks ago, I joined a group of people to raft down that river for three days and camp on its shores for two nights.

One day, we had to paddle through the “Dragon’s Tooth” pass (bottom photo). Two rafts in our convoy made it through. Our raft hit the big rock on the right, tipped straight up, then flipped upside down. Splash! Kerplunk! Gulp! All six of us were dunked, but our life jackets kept us afloat. We made it to shore, turned the raft right-side-up, got back in, and proceeded onward. That experience – and the entire trip – provided lessons for our journey through life.

We learned that it’s good to be prepared. Most of our stuff in the raft was tied down and didn’t float away. (Plan ahead.)

When we flipped out, we did what our guides told us to do. (Follow the advice of wise ones.)

We had our life jackets cinched on tightly. (Buckle those seatbelts.)

We learned that the river, like life...

...offers relaxation and recreation, but also demands concentration and hard work.

...can be choppy, rough and dangerous, but also calm, smooth and peaceful.

...is always moving, changing, and giving us different views and viewpoints along the way.

...runs cold and warm, fast and slow, shallow and deep.

...is easier to navigate when we “go with the flow,” instead of trying to paddle upstream against the current.

...will splash us, tumble us, humble us, but also will cool, refresh and invigorate us.

Most important to me, we learned that the river, like life, presents obstacles, snags and perils, even when we follow the downstream course, so we’d be wise to watch where we’re headed and steer clear of hazards. In short, our job is to stay afloat, get back on board if we fall out, and...keep on paddling!





September Calendar of Events

Ongoing Events

Mondays

Communication Coaching Group..... 10:30 am
 HeartMath Study Groups (closed groups) 7:00 pm
Whose Life Is It Anyway? with *Kathleen Sims* (9/13, 20, 27) ..7:00 pm

Tuesdays

Book Club Cancelled
 Course in Miracles with Linda Goldey 10:30 am
 Meditative Yoga with Sandy Stober 5:30 pm
 HeartMath Study Group (closed group) 7:00 pm
Heart Skills with *Rev. David* 7:00 pm

Wednesdays

Healing Night (1st Wed. of the month)..... 7:00 pm

Thursdays

Sheng Zhen Qigong Class with *Alison Tucker* 10:30 am
 HeartMath Study Group (closed group) 1:30 pm
THRIVE! with *Susan Galvan*..... 7:00 pm
 Choir rehearsals (email Rick Stober at rstober3@yahoo.com)7:30 pm

Fridays

Office closed

Saturdays

Toni Roberts (2nd Saturday of the month)10:00 am
 Facilitated HeartMath Group with Ciel Gierke.....10:00 am

Sundays

8:15 (Meditative) Sunday Service in Heather Farm Club Room*
 9:30 & 11:00 am Sunday Service in Heather Farm Lakeside Room*
 1:00 pm Poetry Group (1st Sun/mo meet on deck at Heather Farm)

**Except September 26 (see below)*

September

Monday 6th

Office closed for Labor Day

Tuesday 7th

Classes start

Thursday 9th

World Day of Prayer (prayer vigil) 12:00 pm
 World Day of Prayer (prayer service)..... 6:00 pm

Saturday 18th

2020 Vision Interview Training 10:00 am

Sunday 19th

Larry Wynn, guest speakerall services

Sunday 26th

All services at the Gardens, 1540 Marchbanks Drive, WC

Welcome to Music Notes . . .

The **Joyful Noise Choir** is back in session. First performance of the season is this month, and we're preparing for our 10-10-10 return to Geary. If you're interested in joining the choir, email Choir Director Rick Stober at rstober3@yahoo.com.

In the **UCWC Music Dept**, we have several teams in development. Come join us –

- booking coordinators;
- marketing;
- legal;
- library;
- lyrics sheet/powerpoint;
- theater, dance & movement;
- youth (band and choral singing);
- vocal/stage development;
- musician development;
- drumming
- back up and lead vocal ensembles with skills in a variety of genres.



Open call for musicians – guitars, piano/ keyboard, horns, woodwinds, strings, percussion and others, including world instruments



Music Line-Up for Sept 2010:

Sept 5 – Meghan Diamond and special guests, Gypsy Soul

Sept 12 – Heartdream

Sept 19 – Joyful Noise Choir

Sept 26 – Richard Stahlberg, David Brooks and ensemble

If you've been wanting to be a part of our Music Ministry, you might find one of these areas speak to you. Please contact Meg Diamond at musicdirector@unitycenter.net or 925.354.8019.

Unity Center

OF WALNUT CREEK

1871 Geary Road, Walnut Creek, CA 94597

ADDRESS SERVICE REQUESTED

Non-Profit Org.
U.S. Postage
PAID
Walnut Creek, CA 94597
Permit No. 424

September 2010 Centerpoint

Prosperity Plus!

A Workshop with Rev. Edwene Gaines • 2:00 pm, Sunday, October 3 Heather Farm Club Room

If you are ready to learn and practice the principles of true prosperity, this workshop will answer your questions and inspire you to act.

Edwene Gaines has made 100% commitment to the transformation of the abundance consciousness of Planet Earth.

An ordained Unity minister, she shares with humor and joy the four spiritual principles of prosperity...

- Finding your Divine Purpose
- Forgiveness and Worthiness
- Tithing and Giving
- Setting Clearcut Goals

Edwene guarantees that this event will change your life...if you are teachable.

Edwene Gaines, author of the book The Four Spiritual Laws of Prosperity, A Simple Guide to Unlimited Abundance, is owner-director of Rock Ridge Retreat Center in Valley Head, Alabama. An ordained Unity minister since 1979, she is also president of The Masters' School. She has trained over 400 Master Prosperity Teachers. She travels approximately 250 days a year presenting Prosperity, Commitment and Riches & Honor Workshops. She has created and markets CD's and affirmation cards through her company Prosperity Products. A Certified Firewalking Instructor, she facilitates the Firewalking Ceremony several times each year. Edwene has served as a member of the International New Thought Alliance Executive Board. In 2006 she was honored by the International New Thought Alliance with the Torchbearer for New Thought Award. That same year she was honored by the Association of Unity Churches International with the Light of God Expressing Award at their annual conference. She is committed to power, passion, prosperity, and performance.



Rev. Edwene Gaines will be speaking at all services on Sunday, October 3

Reverend David McArthur, Senior Minister • Reverend Don Eggleston, Assistant Minister

How to Reach Us:

Office (925) 937-2191 and office@unitycenter.net

Dial-A-Thought (925) 937-0777

24 Hour Prayer Chain (925) 937-2191

Silent Unity / Unity Village, MO (800) 669-7729

(24 Hour Prayer) (816) 969-2000

Business Hours: Monday - Thursday 10:00 am - 5:00 pm; closed Friday

Daily Meditation: Monday - Thursday 12:00 pm - 12:15 pm

Retail Book Sales: Sunday 9:00 am - 12:30 pm

Sunday Morning Service*: 8:15 am, 9:30 am & 11:00 am

Sunday Morning Youth Education: Infants-13yrs: 9:30 and 11:00

Uniteens (Middle School): 9:30 & 11:00; Y.O.U. (High School): 11:00 only

* at Heather Farm Park Lakeside Room, 301 N. San Carlos, Walnut Creek