

Youth Education and Y.O.U. Highlights

June 2009

Both Youth Ed(YE) and the Youth Of Unity(Y.O.U) have been privileged to enjoy participating in many fun-filled and inspiring events and experiences in the past six months. We wanted to share some of the highlights:

- **Y.O.U. Fall Rally, Aptos, CA, November 7th-9th, 2008- ‘Just Add Awareness’ was the theme of Fall Rally. Andrew, Hannah, Arne, Eric, Nathaniel and Marcelle were challenged to gain a personal sense of spirituality by igniting their awareness of their body, mind, emotions and Spirit.**
- **Y.O.U. Leadership Training, Aptos CA February 6th-8th, 2009- Leadership is a very intense training and planning event for the new Y.O.U.ers who have expressed a desire to take on a leadership role in their chapters. Alex, Isaiah, Andrew, Marcelle and Hannah benefitted greatly from this experience and have already made a very positive impact on our Sunday meetings and chapter events as a result.**
- **Y.O.U. Electoral Rally, Sonora CA May 15th-17th, 2009-May Rally is dedicated to electing the next group of Regional Y.O.U. Officers. This year’s election was particularly momentous for Walnut Creek since Eric Newport was elected and installed as the Head Regional Officer!!!**
- **Circulation Day, March 2009- This is the Y.O.U.er’s main fundraising event. The Y.O.U.ers set up and facilitated the event. This year the Y.O.U. and children also offered the people who showed up ‘love’ sandwiches and extended their blessings to the community to touch them with a deeper level of generosity.**
- **Wayshower Project, January through March 2009-The Y.O.U.ers were invited to select a way shower, a person who through their actions and intentions have made a positive impact on the world, to present and share with the other Y.O.U.ers. Each Y.O.U.er was given a whole Sunday service to present their wayshower how ever they wanted. The Y.O.U.ers enthusiasm for this project inspired some exceptional powerpoint presentations and activities. Buckminster Fuller, Maria Montessori, Albert Einstein, and Bob Marley were among the wayshowers presented.**
- **Non Violent Communication lessons February through April 2009- Ally True facilitated a wonderful series of lessons on the practice and application of NVC for the Y.O.U. Both the Y.O.U. and sponsors were grateful for these insightful sessions.**
- **HeartMath lessons March and April-Sandy Stober facilitated a wonderful series of lessons on the practice and application of Heartmath for the Y.O.U. The Y.O.U.ers were excited at the end of the lessons to put their new HeartMath skills to the test with the HeartMath biofeedback software. I was**

genuinely astounded by how quickly the Y.O.U.ers could get to state of coherence and sustain it.

- **Be Peace Conference 2009- Three of our Y.O.U.ers, Hannah, Eric and Nathaniel attended the conference. They were able to use their skills and experiences in NVC and HeartMath to help be in a space empathy. I was amazed at the depth they were able to feel and relate with their adult counterparts in this compassionate space.**
- **Y.E. and Children's Church has been focusing on the positive power of prayer. In circle time, the children learn to pray for loved ones and each other. They send healing energy to themselves and out into the world. I feel as a Youth Ed director we have the opportunity and privilege to teach the children the importance of the power prayer and affirmation**
- **In January the Y.O.U. were sharing their wisdom and gifts with children's church by teaching the kids joy songs and trust activities and preparing them for the years to come in Uniteens and Y.O.U.**
- **In February, the children were treated with a visit from the Gates and their twelve beautiful bunnies that taught them unconditional love and caring for animals.**
- **In March, Children church focused on music and drumming. Drumming for peace and love.**
- **In April, Ciel dedicated her time to teaching and sharing HeartMath with the children. They also explored non violent communication and studied such non violent luminaries as Gandhi and Mother Teresa.**
- **In May, the children have been exploring sufi joy songs, unity principles, arts and crafts and, many more activities and lessons.**

We are so honored and grateful that we have the opportunity and privilege to love and serve these children and families for their highest good.

In Love and Light,

Lani and Jeremy